

HOW TO MONTESSORI PARENT

1. Embrace the idea that Montessori is a *lifestyle* and not simply an approach that begins and ends at classroom doors.
2. Invest in stools so your child can reach the sink, cabinets, and shelves.
3. Embrace the Montessori coat flip, wait for your child to put their coat on, and allow your child to zip up on their own.
4. Be a model of behavior no matter what you're doing in life.
5. Allow kids to be creative.
6. Give your child space and time to put their shoes on.
7. Explore the outdoors with books about rocks, ants, bears, and seeds.
8. Focus on sounds, not memorization, of letters.
9. Use concrete objects that kids can get their hands on while learning.
10. Learn about ways to encourage children with writing.
11. Don't intervene in conflicts or struggles.
12. Remember that practical life activities (sweeping, mopping, spooning, pouring, folding, etc.) are about focus, completion of a work cycle, preparation for writing, and independence.
13. Cook with your kids.
14. Always move left to right and top to bottom.
15. Don't talk down to your child.
16. Speak in a kind, firm tone.
17. Have a Family Reading Time.
18. Read (a lot) with your child.
19. Expect a lot from your child because they are capable.
20. Leave room for your child to develop at their own pace.
21. Allow your child to make their own discoveries because then they will be lovers of learning for life.

22. Go and be outside.
23. Listen to your kids.
24. Kneel down at the child's eye level when speaking with them.
25. Learn outside! Take Math, Language, and Practical Life activities outside.
26. Don't be afraid of insects.
27. Help create a sense of awe and wonder in a child by using questions to lead learning.
28. Garden with your kids and purchase them their own set of gardening tools.
29. Make time for dinner and family time.
30. Practice Grace and Courtesy as a family.
31. Accept that all children exist on the education spectrum and that no two children are alike.
32. Focus on developing your child's emotional intelligence.
33. Be a role model in your relationship with your partner.
34. Do listening activities with kids.
35. Practice inquiry-based learning.
36. Encourage your child to indulge in their interests.
37. Be genuine with your child.
38. Use a rich vocabulary when speaking to your child.
39. Teach conflict-resolution skills.
40. Let your child attempt any and every task that they wish to within acceptable boundaries.
41. It's okay for your child to fail. Failure is a part of life. Encourage perseverance.